PRINCIPAL’S COMMENTS

Hi everyone

Facilities
As you were aware, the Junior girls’ toilets have been closed for a few weeks whilst repair to the termite damage was organised. Last weekend, the builders came into the school to start work on both the boys’ and girls’ Junior toilets. Unfortunately, the Senior toilets were stripped, instead of the Junior toilets!! So on Monday, we had to organise for the delivery of portable toilets for the girls to use. Thankfully, the Senior girls’ toilets are now refurbished and functional, and the Senior boys’ toilets will be by the end of the week. Once again we have sufficient permanent toilet facilities for our students. Next weekend, the work will commence on the Junior toilets and this should be completed promptly.

Breakfast Club Program
Ballam Park PS has been accepted as a participant in a Breakfast Club, facilitated by State Government. This is a breakfast club project supported by the philanthropic MA Centre Foundation. This foundation is already running breakfast club programs in around 15 schools in Victoria with great success. Schools in the south-east corridor have now been identified to benefit. The Victorian Premier, Daniel Andrews has witnessed this program running and was apparently quite impressed.

There are no strings attached with this particular program; this foundation requires no publicity at all. Our school is able to tailor a program that works for our particular student’s needs and requirements.

Lee Street and I will be attending an information session next week and will keep you informed as to how we will implement the program.

Cheers
Lois Weldon
Acting Principal
Prep Enrolments for 2016
BALLAM PARK PRIMARY SCHOOL
GATE 1, BELAR AVENUE, FRANKSTON 3199

Enrolments are presently being accepted for children commencing Prep in 2016

When enrolling, parents will need the following:

♦ **Proof of date of birth:**
e.g. a birth certificate or passport. The Department of Education and Training requirement is that children are five years old by 30th April 2016, for admission in 2016.

♦ If your child was born in a country other than Australia, the appropriate visa.

♦ **School entry immunisation certificate requirement:**
A history statement from the Australian Childhood Immunisation Register (phone 1800-653-809) which you automatically receive after your child has completed the 4 year old vaccine schedule. It should state at the bottom of the page “**This child has received all vaccines required by 5 years of age.**”

(If your child has not yet had all school entry immunisations, please complete and lodge the enrolment form, and bring the certificate when immunisations are completed, prior to the end of 2015.)

♦ **Emergency numbers**, e.g. friends, relatives, workplace and doctor.

Please ring 9789-5614 if you wish to have further information or would like to have a tour of our school.

We look forward to warmly welcoming you to our school.

*Lois Weldon*
*Acting Principal*
Dear Parents

**Earn & Learn Stickers**
This week end is Double Sticker weekend for Earn & Learn stickers from Woolworths. Your support by shopping at Woolworths and sending along your stickers supports us in being able to purchase more educational equipment than we could otherwise afford. So, thank you and keep those stickers coming. This Friday, Saturday and Sunday every $10.00 you spend will earn double stickers.

**Free Dental Checks at school — Wednesday, 2nd September**
Please remember that we are having free dental checks here at school on Wednesday, 2nd September. If you have not already done so, please return the request form so that we can ensure that as many of our students as possible are able to take advantage of this offer.

Our students will be having a focus on Oral Health during that week so this opportunity supports us in teaching your child about the importance of oral hygiene.

**Uniform Change**
Also, a reminder that our uniform change-over period finishes at the end of this year. All students will be required to be in the new, blue polo shirt as of the start of Term 1 in 2016. These polo shirts can be purchased at PSW which is located at 21 Playne Street, Frankston.

The yellow T-shirts will no longer be able to be worn next year.

Lee Street
(Acting) Assistant Principal

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**Merit Awards**
Congratulations to the following students who have been presented with Merit Awards!

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
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<th>Class</th>
<th>Name</th>
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</thead>
<tbody>
<tr>
<td>PG</td>
<td>Jacob O</td>
<td>PM</td>
<td>Charlie K</td>
<td>Julian W</td>
<td></td>
</tr>
<tr>
<td>1B</td>
<td>Ryan D</td>
<td>1R</td>
<td>Melissa B</td>
<td>Isabella B</td>
<td></td>
</tr>
<tr>
<td>2B</td>
<td>Thomas C</td>
<td>2C</td>
<td>Oliver K</td>
<td>Jazmine B</td>
<td></td>
</tr>
<tr>
<td>2V</td>
<td>Thomas B</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3H</td>
<td>Christopher R</td>
<td>3J</td>
<td>Alexis S</td>
<td>Hannah H</td>
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</tr>
<tr>
<td>4D</td>
<td>Tamesha P</td>
<td>4R</td>
<td>Kodi B</td>
<td>Kyle W</td>
<td></td>
</tr>
<tr>
<td>5K</td>
<td>Mikayla B</td>
<td>5S</td>
<td>Madison B-B</td>
<td>Emily S</td>
<td></td>
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</tbody>
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Ballam Park PS - Sports News

District Athletics
Our Years 3 – 6 students have been busy during PE and sport sessions completing various athletics activities. This will culminate in selecting students for the Murdoch District Athletics Carnival to be held at Ballam Park on Thursday, 10th September.

Unlike previous years, this year our district will complete all track and field events on the one day – rather than spread over two separate days. This is to reduce track hire costs and to hopefully avoid any cancellations due to adverse weather.
Unfortunately, due to a shorter program, this will also mean that we won’t be sending as many students to this year’s district athletics as previous years. Therefore, some students who competed last year may not be involved this year.
All events will hopefully be finalised this week and those students fortunate enough to be involved will receive a notice and their list of events next week.
We have also arranged for training sessions for our 4x100m relay teams with our school’s Running Club coach, Shaun Penny on Friday mornings from 10am – 11am over the next two weeks (21st and 28th August).

Sporting Schools grant
As outlined in a previous newsletter, our school was successful in receiving funding for the Sporting Schools program.
We have already begun planning programs for Ballam Park students to participate in during school time in the coming weeks, and will hopefully include more programs in Term 4.

We are happy to announce that so far our students will be involved in the following programs:

Year 3 and 4 AFL Football: Wednesday’s (9am – 1.30pm).
This will begin NEXT WEEK (26th August) for all our Year 3/4 students and will be run by accredited AFL development coaches. This program will run for the next 4 weeks. Students will also receive an AFL pack.

All our Preps, Year 1s and Year 2s will participate in a 50 minute cricket clinic conducted by Cricket Victoria representatives.
We hope to arrange activities for Years 5/6 students in the coming weeks for Term 4.

Jump Rope for Heart
Thank you to those students who have been busy gathering sponsors for Jump Rope for Heart over recent weeks.
We encourage all Years 2 – 6 students to continue raising sponsors over the coming weeks before our school’s Jump Off Day on Friday, 4th September.
Any students who require a sponsors’ card can do so at the school office.
In the meantime, we will be awarding “spot prizes” for those students who have raised money over the next few weeks at Friday assembly.

Prep Swimming Program
A reminder to Prep parents that the Prep Swimming Program will be held on Monday 7th – Thursday 10th September at Peninsula Aquatic and Recreation Centre (PARC) in Frankston.
Students will participate in 4 x 45 minute sessions conducted by qualified swimming instructors provided by PARC.
Could parents please return their child’s permission forms, swimming assessment forms, and money for the program to the school office by FRIDAY, 28th AUGUST.
Any parents able to assist during the Prep Swimming program would be much appreciated and should notify their child’s teacher.

**Year 2 Swimming Program**
Our Year 2s will be participating in their swimming program early in Term 4 also at PARC.
Dates for the Year 2 program are:

Monday 19th – Thursday 22nd October (12.30pm – 1.15pm)
Notices with all relevant details will be sent home next week.

**3H Bike Ed Program**
3H students have already shown much improvement in their riding skills over the past few weeks whilst participating in their Bike Education Program on Fridays.
Students have been practising braking, balancing, steering, and scanning activities in preparation for their group ride to Ballam Park playground which will be held on Friday, 11th September.
Notices regarding the group ride to the park will be sent home in the next week or so.

**Footy Day**
Our school’s annual FOOTY DAY will be held on THURSDAY, 17th SEPTEMBER.
The day will include:
- Whole School Parade
- Years 4/5 Footy Tabloid activities
- Years 2/3 Footy activities
- Colouring competition

Students are invited to dress in their favourite footy clothes on the day.
Further details of the day will be sent home in the week prior.

**Walkathon**
After a year off in 2014 due to the school fete, the school’s annual major fundraiser, the Walkathon will return in 2015.
The date of the Walkathon has been set for Friday, 6th November.
Sponsor cards and notices will be sent home early in Term 4.

**Proposed Sports District change in 2016 - update**
Thank you to those parents who responded to our proposed change of sports district for next year and beyond. Whilst we only received a few responses, those who did were overwhelmingly in favour of a possible change.
Nevertheless, from this we will assume that our school community is in full support of the proposed change and we will formulate a request to change to the nearby Bayside District in the coming weeks to School Sport Victoria.
From there, we hope to hear back from School Sport Victoria soon after as to the likelihood of a successful change of sports district in 2016.
We will keep parents posted as to any further developments.

Darren O’Brien
Sports Coordinator
Once a day, twice a day, all day!

Protect your teeth and follow these simple steps to set yourself and your child up for good oral health habits.

1. Floss daily
   • Build flossing into your daily routine to protect your mouth from decay.
   • Flossing everyday will gets food out from between your teeth.

2. Brush twice a day
   • Brush teeth at least twice a day.
   • Help children brush their teeth, up to the age of 8. It helps for a better clean and reaches all the tricky areas children may miss.
   • Children only need a pea sized amount of toothpaste.
   • Children under six years old should use low-dose fluoride toothpaste.

3. Drink tap water all day
   • Tap water is best for your teeth.
   • Fluoride is added to tap water to help protect your teeth.
   • Drinking tap water regularly will neutralise the acid on your teeth.
   • This will help repair developing cavities.

4. Refer yourself or a family member today
   • Did you know children should see a dentist from the age of 2?
   • Jump onto the Peninsula Health website and refer yourself or a family member into Community Dental today.
   • Annual dental checks are a great way to keep up good oral health habits.
Michael Grose looks at the importance of topping up Frequent Father points, and the benefits for both dads and for kids.

A good friend enthusiastically told me how he was looking forward to spending a few days away on his own with his two kids, aged 10 and 13. He was feeling quite chuffed.

He was having some ‘dad time’ with his kids.

Good on him!

He was doing some memory building & relationship building, as well as having some fun.

He told me that he was aware that his kids were getting older and he knew such opportunities were diminishing.

Gone are the days when the only relationship many men had with their kids was through their wife. She would explain to the kids (Your dad’s very busy but he would love to see you play sport but he can’t make it.) As well, she’d keep him up-to-date with the children’s lives.

Blokes, it seems, are valuing the time they spend with their kids on their own.

Or at least the dads I mix with are. Spending time alone with kids is a great way to build confidence in dads. And the kids usually just love it.

Mothers can play a role here by not getting in the way if their husband or partner wants a little time alone with kids. (Most mums I meet welcome this!)

Children usually associate their fathers with activity. When I ask children to tell me about their dads they usually talk about the things that they like to do together with their dads. Playing, walking, fishing, wrestling… the list goes on.

It’s through shared activity and involvement in kids’ lives that dads build up frequent father points. It’s hard to build good connections with kids when you are not there!

Don’t wait until adolescence

These relationships are best built in childhood, when kids just love their dads to bits and want to be around him. It gets trickier in adolescence, but having shared interests developed in childhood gives you a connection point during these sometimes-turbulent times.

Dads also benefit from spending time with their kids. Most health scales state a healthy relationship with their children is a predictor of good health and longevity for men. I’m not sure where the health benefits come from, but I suspect there is something relaxing and de-stressing about getting into a child’s space. There is a big kid inside most men just busting to get out.

These days we take parenting pretty seriously and it’s easy to forget that one of the fundamentals of raising kids well is to spend some time in your child’s space, doing stuff, or not doing stuff, whatever the case may be.

So how are you (or your partner’s) Frequent Father points going? If they need some topping up then you can start by doing something together that the kids enjoy. Having a bit of fun together is the best place to start.

Author’s note: Some mums can take these ideas on board to have a NO RULES weekend with your kids, where you have a change of routine and activity that can give kids the chance to see you in a different way.

— Michael Grose
Almost all families are eligible. To find out more, call our Customer Service Team on 1300-105-343 Monday to Friday.

Out of School Hours Care (OSHC) with Camp Australia

How to get started — Before using our programs, you must register online for an account. Registering is quick and easy. Please visit our website to begin: www.campaustalia.com.au

Once registered you can make bookings and cancellations, view your statements and manage your details any time of the day online. Please keep in mind we are able to take bookings at short notice to help busy families.

Save on care — You can save 50% or more on Before and After School Care fees with the non-means tested Child Care Rebate. Almost all families are eligible. To find out more, call our Customer Service Team on 1300-105-343 Monday to Friday.

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>OUTSIDE SCHOOL HOURS CARE HIGHLIGHTS</td>
<td>Craft Day Fresh Fruit</td>
<td>Art &amp; Crafts Day Fresh Fruit</td>
<td>Computer Day Fresh Fruit</td>
<td>Sports Day Fresh Fruit</td>
</tr>
</tbody>
</table>

For bookings, please log on to: www.campaustalia.com.au

**Star of the Week:**

Brodie P

for being a great helper

OSHIC Co-ordinator: Judi Sullivan
Phone 0402-354-584

Outside School Hours Care with Camp Australia
The school sincerely appreciates the sponsorship of both our school newsletter and school website by a variety of businesses, but please be aware that the school is not permitted to endorse or recommend any businesses.

Guitar Tuition with Glen Vinton

On a musical note...

There are vacancies available for 1/2 hour guitar lessons at school on MONDAYS and THURSDAYS.
Please ask at the office for an ‘expression of interest’ form or, alternatively, ring Glen on 5979-4575 or 0437-440-265 for more information. Private lessons are also available at my house in Hastings.

Glen Vinton  
x10sivguitartuition.com.au  
Ph: 5979-4575 or 0437-440-265  
Email: glen@x10sivguitartuition.com.au

Book Club
Please note Book Club orders are due back on Friday, 28th August.

Meaningful notice...